

# Developing World Outreach Initiative (DWOI) Report 2022

## Introduction

First of all, to acknowledge the great support that the DWOI program has given us each year, **3SM** (Health, Safety and Sustainability in Mozambique). It praises the importance and gratitude for supporting and supporting the Hygiene, Health and Safety at Work (HSST) course proposed for this year.

3SM It is a non-profit legal entity governed by private law, endowed with administrative, financial and patrimonial autonomy and governed by its own statutes and other applicable national legislation. We are Mozambican and foreign natural and legal persons with the interests of empowering individuals and organizations for a safe, healthy (sanitary) and sustainable development in Mozambique based on the best science and technology available.

One of our Objectives is to train and train individuals and organizations in matters of safety and health at work and in the environment, as well as on environmental management and sustainable development through specific courses with or without academic credits; also Stimulate the exchange of safe, healthy and sustainable practices through cultural exchange activities between Mozambicans and other stakeholders based on the best available science and art.

It was for this reason that 3SM this year held the online course on Conciliation on Health, Occupational Safety of 2h30, on 08/12/2022 at 18:00h, training for 3SM members and some invited professionals and had as an agenda:

- Presentation of 3SM, its objectives and proposals (Themes presented by President Matias Quive)
- Mozambican Legislation on Hygiene Health and Safety at Work & Values
- Exposure Limits & Evaluation Criteria
- Presidente Matias\*: 3SM and Intervention Areas (Topics taught by Eng . Jonas Hilário )
- Psychosocial Hazards and Risks and Stress at Work
- The role of occupational safety and health in the world / an experience to bring change in Mozambique (Topics Taught by Dr. Custódio Muianga)

Training moderator: Eng<sup>a</sup>. Angelica Chissico

## **Development**

The course began to be prepared in April and took place in August, via online and monitoring by Whatsapp. The project had the participation of 20 participants, including its tutors.

Each tutor had a specific topic to present, and PowerPoint presentations were prepared from the existing 3SM manuals. Our plan followed the sequence of presentation of the participants, presentation of the program for the course, presentation of the proposed contents and space for debates, doubts and contribution of the participants, looking at the case of Mozambique and other countries.

## **Methodology**

A working group was formed to plan the course via WhatsApp , where the facilitators and the president and course coordinator prepared an action plan, contents and ways of presenting the course. Initially, the materials in the student manual and the materials in slides were prepared for the facilitators.

For classes, Zoom was used with a lot of interaction and the. Strategies, but then we continued on Whatsapp for coordination and the group of 3SM members. The method used was participatory and joint elaboration, the participants received the invitation in advance and the participation program in which they also confirmed their presence. During the training, the participants had space for questions, doubts and contributions and the facilitators were ready for clarification, and all suggestions for improvement were listed and adjusted. After the course, each participant had a form to evaluate the course and had the subjects taught and a certificate of participation.

## **Difficulties found**

In the first drafting proposal, it was defined that we would do the physical course, but it was not possible due to some restrictions of COVID-19, which the country has had in recent months, but thank God the country is overcoming this phase , but we prepared a letter on request. of students at the end of the high school course but it was also not possible what we did the third planning

which was the online course , this one is right and it was very well taught with all the support of 3SM.

### **Costs/Budget**

Having prepared the course, we received the support of DWOI of 500\$ which was spent for the purpose of preparing the course, and some internal expenses from 3SM, we appreciate all the support, and we are convinced that we will do future projects that support 3SM.

### **Results**

Being a second edition course run by our association, we believe it was a success according to the evaluation made by the participants and we hope to improve our approach according to the recommendations given. And we still hope to collaborate with DWOI on future projects and seek ways of cooperation on the ideas that were observed during the formation of the proposed project.

Participants learned a lot from the topics taught and are prepared to teach others.

Signed

Matias Quive

(3SM Executive Chairman)

Maputo, August 12, 2022

# Photos



