

AIHA-NCS Monitor

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2013

October - November



President's Message

Fall is officially in the air! I have to say that having lived in the Bay Area most of my life, fall is my favorite season. I love the warm Indian summer weather, the changing colors of the leaves, and everything pumpkin that seems to be popping out everywhere I go! I know for many, the fall season also means back to school for kids. For me, it means less traffic on the way to work.

Fall also means back to work for the Board. As I announced during the September dinner meeting, the Board has exciting things planned this coming year for our membership. One of the big undertakings is that we, along with Neal, our webmaster, will be over-hauling the website. Our old website provider (Affiniscape) was recently bought out by another company, YourMembership (YM). YM is requiring a great deal of our effort and time in order to migrate into their system, and we have been unhappy with Affiniscape for the past several years. Therefore, we are using this opportunity to go to a service provider that can give us a website that is more up-to-date and easier to use and that provides all the functionality we require yet is friendlier on the pocketbook.

The board will be working over the next several months to start the migration process. Neal and the Board members may need some volunteer work to help us with the transition. Please let us know if you want to help. We will keep the existing website up-to-date with events, but I will apologize in advance for occasional mistakes and/or outdated info over the next several months. We can't wait until we can officially roll out the new website!

Another task that the Board has with the start of fall is the preparation and proposal of the new budget. Last year, the membership approved a membership fee increase to \$50. As it has been many years since the last dues increase, I believe that \$50 is still a great value to our members, which allows the Board to continue to provide excellent educational programs and networking opportunities. As members, it is important that you review and approve the proposed budget. Please look for an email from Joe Barsky, our treasurer, soon.

As promised, we will have many upcoming events that allow our members to obtain local certification points while networking with colleagues in the Bay Area. Look for upcoming joint meetings with local Bay Area ASSE and ASHRAE groups! Also, following the success of the last technical tour at United, stay tuned for more information on another technical tour in the upcoming months! In addition, the IH Forum series has been revived and will have some exciting speakers. We have many things planned this year, and I can't wait to share them with you!

Terri Choe

AIHA-NCS President

September Dinner Meeting Highlights

The September 10, 2013 dinner meeting was held at Francesco's restaurant in Oakland. As usual, the executive committee met prior to the dinner meeting to discuss and finalize the meeting agenda. Members are always welcome to attend the executive committee meetings, which usually convene at 3:30 PM prior to the dinner meetings unless otherwise noted.

Highlights of the evening included the presentation of the Christine Einert Award and the Volunteer Recognition Awards. See the articles in this edition of the newsletter and please congratulate these folks the next time you see them.

Our guest speaker at the September meeting was Fred Walter of the Law firm Walter and Prince. Fred, whose specialty is OSHA defense, had planned to talk about some of the policy issues that he felt are hindering Cal/OSHA's effectiveness and the Cal/OSHA appeal board's fairness in its proceedings. Surprisingly, his talk corresponded with the sudden resignation of Cal/OSHA Chief Ellen Widess.

Fred mentioned that Widess served during a stressful period at the division. Specifically, during her tenure the number of experienced inspectors who left Cal/OSHA or sought reassignment significantly reduced the agency's institutional memory. Further, limitations on funding brought on by state budget constraints and the federal "sequestration" action reduced the agency's ability to travel and to hire new inspectors, thus compounding the sense of an agency adrift.

Fred went on further to state that Widess was seen by some employers as fostering a divisive atmosphere in California's safety and health community, seeking to punish "bad" employers while doing little to encourage good ones. Specifically, Fred mentioned that the 1BY letter, intended to foster early and (a more) open dialogue between employers and Cal/OSHA before serious citations were issued, could be used as evidence at hearing, if it seemed to contain admissions against interest.

Fred summarized his talk by saying that the coming transition to a new Chief at Cal/OSHA should be a great opportunity to progress toward the goal of true respect and cooperation between the Division and employers. As such, he suggested the following:

1. Return to using the citation notice letter (the Cal/OSHA 1BY) as it was intended to be used: As an invitation to dialog between employers and Cal/OSHA before citations are issued.
2. Encourage that communication by announcing that the employer's response to a 1BY letter will not be used against it either as justification for a reclassification of the citation or issuance of an additional citation, or as an admission against interest at hearing.
3. Correct inspectors and DMs who do not review employer responses to 1BY letters in good faith.
4. Free up Enforcement's limited assets by having Consultation respond to non-serious complaint letters, with the power to refer employers to Enforcement if necessary.
5. Allot resources more evenly between Enforcement and Consultation so that both can do their jobs more effectively.
6. Use those freed-up Enforcement assets to go after the underground economy, which hurts both the State and employers who play by the rules.
7. Change the rule that employers cannot avail themselves of Consultation's services to seek advice on abatement while a citation is pending.

Welcome New Members

We are pleased to welcome Perry Gottesfeld as a new member to our section. Perry is Executive Director of Occupational Knowledge International.

Please help us grow our membership and expand the professional experiences of your colleagues. Reach out to those that you know in the EHS profession and encourage them to join the AIHA Northern California Local Section. You don't need to be a National AIHA member to join. The Membership Application is available on the NCS website [<http://www.aiha-ncs.org/registernewmembers.cfm>]. If you are a National member you can join the NCS at the time you renew your National membership.

Do you want the opportunity to earn CM points locally?

The 2013 Industrial Hygiene Forum Series is sponsored by the University of California Center for Occupational and Environmental Health & the Northern California Section of the AIHA.

Please join us on Tuesday, November 19, 2013 for the second of the three sessions in IH Forum Series this year! The topic of the second session will be "Creating a Resilient Workplace: An IH Approach to Emergency Management and Business Continuity" and will be presented by Ms. Lisa Pelletier, CEM of Stanford University, School of Medicine.

This session will examine how to make your organization resilient to emergencies and disasters. Tap into your IH expertise to create a sound, actionable, comprehensive emergency management plan. Ms. Pelletier will:

- Review key principles of emergency management/business continuity using case studies to highlight best practices and identify pitfalls to be avoided.
- Provide references and tools that can be easily adapted to your organization.
- Encourage development of your own plans by engaging in a discussion-based exercise.

Attendees will leave the presentation with a roadmap, reference, suggestions, and tools for implementation into their own programs.

The forum will be held from 1:00 to 4:00 pm in the 6th Floor Conference Room of the Fulton Street Building located at 2223 Fulton Street, Berkeley, CA. This location is walking distance from the Downtown Berkeley Bart Station.

The cost is \$60 per forum session. Please register at <http://www.coehce.org>

This session contains 3.0 hours of instruction and may be eligible for 0.5 ABIH CM credits. The Forum Series meets BCSP criteria for 0.75 COC point (0.25 COC point for each session).

Volunteer Opportunities

The NCS has several openings for coordinator positions as well as other volunteer opportunities. If you are a new professional, this is a great opportunity to get involved and expand your network. For some of you seasoned professionals, you might want to give back and contribute to a profession that has served you well. Please contact Bob Nocco (rnoc@chevron.com) if you are interested in learning more about volunteer opportunities with the NCS.

Thanks to Our Volunteers!

Volunteer Recognition Awards were presented at the September dinner meeting by Colleen Thornton, Past President of AIHA-NCS. Volunteer Recognition Awards in the form of a check for \$50 were presented to:

Steve Derman (IH Forums)
Will Cyrs (Scholarships and Awards)
Neal Lester (Webmaster)
Trevor Bausman (Webmaster)
Martin Suen (Newsletter)
Jyoti Kumar (IH in the Community)

Each of their efforts contributed significantly to a successful year for our local section and their efforts are appreciated. Awardees who were not present at the dinner meeting will be receiving their awards by mail.

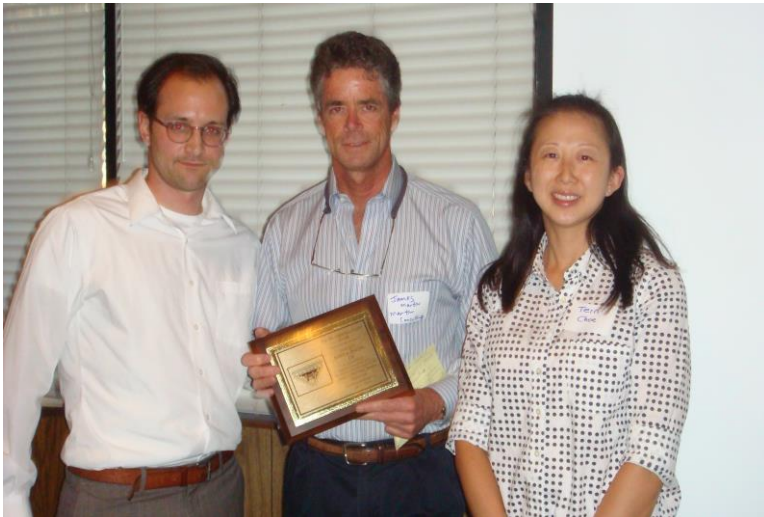


Service award winners (from left) Joyti Kumar, Stephen Derman, William Cyrs and Trevor Bausman with President Terri Choe and Past President Colleen Thornton

Congratulations to James Martin

James Martin, CIH, this year's recipient of the Christine Einert Award. The Einert Award is the most prestigious award the AIHA-NCS presents, and is given annually to a member whose qualities as a professional and colleague have been marked and appreciated over the years by fellow AIHA-NCS members. In addition to being the lead consultant and owner of Martin Consulting, a successful Northern California industrial hygiene and safety consulting firm, James has been an active contributor to the local section for years. The AIHA-NCS local section would like to thank James for his contributions, which have included serving as Newsletter Editor for three years, Treasurer for three years, as President from 2005 to 2006, and more recently, returning as Past President. There are few AIHA-NCS members who have taken on as many leadership roles as James.

The Einert Award is given in honor of Dr. Christine Einert, a physician and CIH whose involvement with occupational health started in the 1930s. Dr. Einert joined the California State Department of Health in 1947 where she continued to work until her retirement in 1968. In 1962, she chaired the national subcommittee responsible for founding the AIHA Local Sections Council, which still provides the forum for the exchange of information between national AIHA and the local sections. In 1981, the ACGIH honored Dr. Einert with the Meritorious Achievement Award. With her years of experience in occupational health, she was a valuable resource to industrial hygienists, and took a special interest in young people first entering the field, always offering support and encouragement.



Einert Award recipient and Past President James Martin with President Terri Choe and Award Chair Will Cyrs

23rd Annual California Industrial Hygiene Council Conference

“Connecting Sound Science and Responsible EHS Solutions”

2013 CIHC CONFERENCE

December 2-4, 2013 San Francisco, CA

MEET SOME OF OUR SPEAKERS

EARLY REGISTRATION ENDS NOVEMBER 1



DICK EVANS
Link Between EHS and Enterprise Value
Former CEO, Alcan



KATIE SCHMITZ EULITT
Introducing the Sustainability Accountability Standards Board
SASB



DR. CHRISTINE BAKER & JULIANN SUM
Cal/OSHA Update
Director, DIR Acting Chief, Cal-OSHA



DR. L. CASEY CHOSEWOOD
Guide to Total Worker Health
CDC



BETH CONCOY
Case Studies: Integration of Product Stewardship and Sustainability
DuPont



LARRY GIBBS
Risk Management of Emerging Nanotechnologies
Stanford University



DR. BARBARA MATERNA
CA Dept. of Public Health Update



DR. JAMES GIBSON
Changing Safety Culture in the Laboratory: Partnering for Real Improvements
UCLA



DR. DARA O'ROURKE & RACHEAL MEIERS
Panelists: "Are CSR Programs in Supply Chains Working?"
UC Berkeley BSR's Global HERProject



JOHN ULRICH & DR. MICHAEL WILSON
Advancing Green Chemistry: Comparing Regulatory vs. Business Innovation Perspective
CICC UC Berkeley



CATHY BARANKIN
California Legislative Update
Sac Advocacy



DR. SHAN
Formaldehyde Blowout: Exp
Cardno

CALIFORNIA INDUSTRIAL HYGIENE COUNCIL

CIHOnline.com

Visit www.cihconline.com/events2013 to register, view hotel information, view the program agenda and more!

Join us at the 2013 CIHC 23rd Annual Conference! Earn your CM points in the City by the Bay. Expand your horizons and professional mastery. Learn from and mingle with some of our best and brightest. Engage in lively conversations!

Save an additional \$100 with early registration by November 1, 2013.

Government employees, hurry! A few government rate hotel rooms remain. Book your room early to secure a room at the fantastic InterContinental Mark Hopkins Hotel with a government rate.

Treasurer's Note

Greetings Members –

By the time this article is published, you should be receiving by email an electronic ballot for our proposed operating budget for the 2014 calendar year (January 1 – December 31). The budget (on the next page) was prepared during the Executive committee planning meeting on 7/24/13, updated and then approved by the Board on 9/10/13.

Our combined assets (checking, savings and CD accounts) total around \$56,000, which is about 1.7 times our annual operating budget.

In preparing this budget, the Board of Directors examined the actual income/expenses from prior years and compared them to today's costs. With an emphasis on providing benefits to the membership, we took a realistic look at our operating costs and potential opportunities to both cut costs and find additional revenue. Like last year, we were very conservative in our estimates, presuming that income would be on the low side of our expectations while expenses would be higher.

Some of the highlights of our proposed 2014 budget include:

- A balanced budget that may draw from the savings assets of the Section. Although budgeted, we don't anticipate having to reduce our savings as long as we remain diligent on controlling our costs and (hopefully) meeting or exceeding our expectations for income generated. **YOU CAN HELP!** By attending our educational programs, our Technical Symposium and IH Forums, you not only get CM points and increase your breadth of knowledge but also support your section.
- The operating budget for 2013 was \$31,675 versus \$33,150 proposed for 2014, an increase of \$1,475. This amount reflects an increase in our anticipated expenses (website maintenance, strategic planning and our annual contribution to CIHC).

Your input is always welcome. Please feel free to contact me, Joseph Barsky, at Josephbarsky@hotmail.com if you have specific questions regarding this proposed budget. The voting process, like last year, will be conducted electronically.

AIHA NCS 2014 Proposed Budget

Budget Category (Income)	2014 Proposed
CIHC Donations (contribution funded)	0
DWOI (contribution funded)	0
Dues	10000
IH Forum Series	2500
Interest from CDs and savings	30
Mailing Lists	0
Program Dinner Meetings	7500
Review Courses	0
Symposium	10000
Technical Tour	300
<i>Transfer from savings to checking for "balanced budget"</i>	1320
Vendor's Spotlight	1500
Web Page Advertising	0
Web Page Jobs List	0
Web Page Consultant's List	0
INCOME TOTAL	\$33,150

Budget Category (Expenses)	2014 Proposed
Administrative Support (We Produce)	2500
AIHA-NCS Scholarship	1700
AIHF Endowment	1200
Awards	550
Charity Donation	0
CIHC/Public Affairs	4500
Continuing Education - 3rd Year Director	200
DWOI (contribution funded)	0
Credit Card Transaction Expenses	1600
Membership Incentive	0
Support - 1st Year Director	100
Newsletter	0
Outreach - 2nd Year Director	100
Past President/Nominating Committee	0
President/President Elect	700
Program Expenses (Dinners)	10000
Secretary	0
Strategic Planning Meeting	600
Symposium Expense	4000
Treasurer	900
Website Contract and Maintenance	4500
EXPENSE TOTAL	\$33,150

Net: Income vs. Expense	\$0
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September Lunch Meeting

Our next **lunch meeting** will be held on Tuesday, November 12, 2013, at Santa Clara Biltmore Hotel 2151 Laurelwood Road, Santa Clara, CA 95054 ([Get Directions](#)). **Please join us for an opportunity to hear about performance based ergonomics and network with the members of the San Jose Chapter of the American Society of Safety Engineers.**

**AIHA-NCS/ASSE Greater San Jose Chapter Joint Lunch Meeting
Tuesday, November 12, 2013
Biltmore Hotel, Santa Clara, CA**



Guest Speaker: Vivienne Fleischer, President and Co-Founder of Performance Based Ergonomics

Come join us for lunch and an opportunity to meet with our esteemed colleagues in the safety profession.

Our Speaker, Vivienne Fleischer, is passionate about wellness! A concert pianist turned ergonomist (but she does still play) she's on this crazy mission to "save the hands of the world" while helping people to stave off injuries, take charge of their health and feel their best!

Face it, just about everyone these days has some form of ergo-itis. Maybe it shows up as an achy back after hunching over our laptops all day, or throbbing thumbs from too much texting. Maybe it's the chair that's the culprit or working crazy hours and having lost the battle in the work-life balance equation. That's where ergonomics comes in.

But there's more to the story than that. Most of us are stressed out, sleep deprived, eating on the run and "meaning to get to the gym", but just too darned tired. That's where wellness comes in.

For anyone managing ergonomics or wellness (hopefully both) at their company, Vivienne Fleischer from Performance Based Ergonomics will teach you how to integrate both Ergonomics and Wellness at your company. You will learn why the marriage of these two concepts make a huge difference to your company's bottom line, help you to reduce employee turnover and have a team that is more productive than ever!

Please mark your calendars for November 12, 2013.

Cost:

\$27 members in advance (by Thursday 11/07/13)

\$32 members after 11/07/13

\$32 non-members

\$25 retired (emeritus) members and students

More information regarding the executive committee meeting, menu and registration will be posted on our website shortly at www.aiha-ncs.org. Please note that a credit card is required for online registration.

AIHA-NCS Board

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